

Sara M. Tamsukhin Ph.D., RDN, LDN
Curriculum Vitae

EDUCATION

2018 – 2022	Ph.D. in Educational Studies	University of Cincinnati (Cincinnati, Ohio), School of Education Dissertation topic: Empathy of dietetics students Dissertation Advisor: Helen Meyer, Ph.D.
2019 – 2020	Certificate in Assessment and Evaluation	University of Cincinnati (Cincinnati, Ohio), School of Education
2005 – 2007	M.S. Nutrition	University of Cincinnati (Cincinnati, Ohio), College of Allied Health Sciences Thesis: “The Relationship between Parity and Body Composition in African-American Women”
2004 – 2005	Dietetic Internship	Good Samaritan Hospital (Cincinnati, Ohio)
1999 – 2004	B.S. Dietetics	University of Cincinnati (Cincinnati, Ohio), College of Allied Health Sciences

TEACHING EXPERIENCE

Arkansas State University – Jonesboro, Arkansas

Assistant Professor

Graduate courses (multiple courses in development)

Undergraduate courses taught:

- Infant and Child Nutrition (2023)
- Nutritional Assessment (2023)

Union Institute and University – Cincinnati, Ohio; Part-time

Graduate courses taught:

- Introduction to Research Methods (2022)
- Quantitative Research (in development)

Muskingum University – New Concord, Ohio; Part-time

Undergraduate courses taught:

- Nutrition Through the Life Cycle (2022)
- Sports Nutrition (2023)

Miami University – Oxford, Ohio; Part-time

Undergraduate courses taught:

- Personal Nutrition (2015-2018)
- Advanced Nutrition (2015-2018, 2022-2022)
- Nutrition Through the Life Cycle (2015-2018, 2021-2022)

University of Cincinnati – Cincinnati, Ohio; Part-time

Undergraduate courses taught / co-taught:

- Food Science 1 with lab (2009-2015)

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- Food Science 2 with lab (2009-2014)
- Advanced Nutrition 2 (2009-2010, 2014)
- Lifecycle Nutrition (2015)
- Medical Nutrition Therapy 2 (2015)
- Food and Culture (2017)
- Personal Nutrition/Nutrition and Health at University of Cincinnati Blue Ash Campus (2015-2018)
- Medical Terminology at University of Cincinnati Blue Ash Campus (2017)

Graduate courses taught / co-taught

- Learning Sciences and Technology (2020) – as a teaching assistant
- Introduction to Research Methodology (2022-2023)

INVITED GUEST LECTURES

2019 Feb	Guest speaker for Nutrition in Healthcare (Undergraduate nursing course, University of Cincinnati)	Nutrition During Infancy
2011 May	Guest speaker for Nutrition in Healthcare (Undergraduate nursing course, University of Cincinnati)	Diabetes Management and Nutrition Therapy
2010 Oct	Guest speaker for Clinical Nutrition elective course for Medical Students (University of Cincinnati).	Diabetes Management and Nutrition Therapy

HIGHER EDUCATION/ADMINISTRATIVE EXPERIENCE

Jan 2020 – present	Graduate Assistant – Graduate Program Director’s Office, School of Education University of Cincinnati – Cincinnati, Ohio
Aug 2018 – Aug 2020	Graduate and Teaching Assistant – eLearning, School of Education University of Cincinnati – Cincinnati, Ohio
Aug 2018 – Dec 2019	Graduate Assistant – Teacher Education and Leadership, School of Education University of Cincinnati – Cincinnati, Ohio

CERTIFICATIONS AND LICENSURE

2005 – present	Registered Dietitian, Commission on Dietetic Registration
2005 – present	Licensed Dietitian, Ohio Board of Dietetics
2023 - present	Licensed Dietitian, Arkansas Dietetics Licensing Board

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2016 – 2018 Licensed Dietitian, Kentucky Board of Licensure and Certification for Dietitians and Nutritionists (currently in inactive status)

CLINICAL/DIETETICS EXPERIENCE

May to June 2015 and Meals-on-Wheels Project for Wesley Community Center
May to June 2016 University of Cincinnati – Cincinnati, Ohio
Oct 2007 – May 2012 Registered Dietitian in Endocrinology and Diabetes Center
Cincinnati Children's Hospital Medical Center – Cincinnati, Ohio
Aug 2005 – June 2009 Dietitian, University of Cincinnati Campus Recreation Center –
Cincinnati, Ohio
Aug 2005 – Oct 2006 PRN Dietitian, TriHealth – Cincinnati, Ohio

PATIENT IMPROVEMENT EXPERIENCE

Cincinnati Children's Hospital Medical Center:

Oct 2010 – May 2011 A3S/Diabetes/Endocrine Professional Inquiry Committee
Sep 2010 – May 2011 Hyperglycemia group (Branch of DIScover): work on improvement in care coordination process and inpatient diabetic ketoacidosis (DKA) admissions
Jan 2008 – May 2011 Diabetes P2 Group Projects: Diabetic ketoacidosis patient follow-up and improvement
Jun 2008 – May 2011 Nutrition Therapy Professional Inquiry Council Projects: Vitamin D Working Group; Food Allergy

RESEARCH EXPERIENCE

2022 - 2022 **Post Doctoral Fellow**
University of Cincinnati, College of Nursing – Cincinnati, Ohio

Ph.D. coursework, Graduate Assistantship, and collaborations with faculty
University of Cincinnati, School of Education – Cincinnati, Ohio
2018 – 2022 **Research and Statistical coursework:** Intermediate Statistics, Measurement & Assessment, Data Management, Participatory Research, Item Response Theory, Survey Research, Grant Writing, Qualitative Research, Mixed Methods, Structural Equation Modeling, Multivariate Analysis
Clinical Research Coordinator III
Aug 2006 – Oct 2007 Cincinnati Children's Hospital Medical Center – Cincinnati, Ohio

Graduate Assistant – Nutrition
Aug 2005 – Aug 2006 University of Cincinnati – Cincinnati, Ohio

Clinical Research Coordinator I
Aug 2003 – Aug 2005

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Cincinnati Children's Hospital Medical Center – Cincinnati, Ohio

PUBLICATIONS

Refereed Journal Articles

2023

Gillespie, G., Tamsukhin, S., Galloway, E., Garde, D., & Grubb, P.L. (In review). Don't be nasty: A phenomenological study of newly licensed nurses, and workplace bullying. *Journal of Communication in Health Care*.

Tamsukhin, S., Zydney, J. & Nakonechnyi, A. (2023). Comparing remote and on-campus learning experiences and interactions in a blended synchronous learning environment. *Journal of Educators Online*, 20(1). <https://doi.org/10.9743/JEO.2023.20.1.14>

2019

Plevyak, L., Tamsukhin, S., & Gibson, R. (2019). Building a foundation for sustainable principles: Case studies of K-6 Green Ribbon Schools. *Journal of Sustainability Education*, 21(Dec 2019).

Editorial in Submission

2023

Gordon, G.L., & Tamsukhin, S., (in progress). Why won't it stop: Workplace violence in emergency care. *Journal of Emergency Nursing*.

Program Planning and Presentation

2022

Program planner, chair, and presenter for *Division I Graduate Student Council and Mentoring Committee Pre-Conference* on job planning and job-related material development. (American Educational Research Association Conference, virtual, April 19, 2022).

Program planner, chair, and moderator for *Division I Fireside Chat: Connecting diversity, equity, and inclusion to our work in the professions*. (American Educational Research Association Conference, San Diego/virtual, April 21, 2022).

Program planner and chair for *Division I Graduate Student Social*. (American Educational Research Association Conference, San Diego, April 23, 2022).

2021

Program planner and chair for *Division I Graduate Student Council Pre-Conference Workshop 1: Cultivating Scholarly Endeavors for Publications*. (American Educational Research Association Conference, virtual, April 6, 2021).

Program planner and chair for *Division I Graduate Student Council Pre-Conference Workshop 2: Navigating Career and Life as Faculty or Academic Professional*. (American Educational Research Association Conference, virtual, April 7, 2021).

Program planner, chair, and moderator for *Division I Fireside Chat: Translating Research into Practice*. (American Educational Research Association Conference, virtual, April 9, 2021).

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Chair for Roundtable session: Improving Education in the Professions. (American Educational Research Association Conference, virtual, April 12, 2021).

Oral Presentations

2021

Tamsukhin, S. (2021 March 6). *Measuring empathy and cultural competence in dietetics students*. Spring Research Conference 2021. Online Conference March 6, 2021.

Zydney, J., Nakonechnyi, A., & Tamsukhin, S. (2021 February 3). *Blended synchronous learning: Can remote experiences be equivalent to being on campus?* Transforming the Teaching and Learning Environment 2021. Online Conference Feb 1 – Feb 12, 2021.

2020

Tamsukhin, S., Zydney, J., & Nakonechnyi, A. (2020 November 9-18th). *Remote, on-campus, and asynchronous: Creating engaging experiences everywhere with flexibility in an online graduate course* [Graduate Student Discovery Session]. Online Learning Consortium Accelerate 2020. Online Conference

Zydney, J., Nakonechnyi, A., Leong, J., & Tamsukhin, S., (2020 June 16). *Blended synchronous learning: Eliminating the unnecessary dichotomy between online and on-campus classes*. Online Learning Consortium Innovate 2020. Online Conference

2010

Campbell, M., DiMuzio T., Hillman J., Tamsukhin, S., & Wirtz, S. (2010 March). *Diabetes management for school nurses*. Ohio Association of School Nurses

2008

Tamsukhin, S. (2008 December). *Diabetes management and nutrition therapy*. Dietetic Intern Day at Cincinnati Children's Hospital Medical Center.

Poster Presentations

2018

Tamsukhin, S., (2018). *A review of simulated patient use in dietetics education*. Presented at the 2018 University of Cincinnati School of Education Professional Seminar Research Symposium. Cincinnati, OH

2011

Sapsford, A., Summer, S., Santoro, K., Tamsukhin, S. & Turon-Findley, M.P. (2011). *Survey of healthcare practitioner's knowledge and practice of vitamin D assessment and supplementation in children*. Clinical Nutrition Week 2011. Vancouver, BC.

2010

Sapsford, A., Summer, S., Santoro, K., Tamsukhin, S. & Turon-Findley, M.P. (2010). *Survey of healthcare practitioner's knowledge and practice of vitamin D assessment and supplementation in children*. Cincinnati Children's Hospital Medical Center Nursing and Allied Health Research/EBP/QI Poster Day. Cincinnati, Ohio.

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2008

Tamsukhin, S., Krummel, D.A., & Couch, S.C. (2008). *The relationship between parity and body composition in African-American women*. Ohio Dietetic Association (A.K.A. Ohio Academy of Nutrition and Dietetics) Annual Conference. Columbus, Ohio.

PROFESSIONAL AFFILIATIONS

2020 – present Member, Society for Nutrition Education and Behavior
Abstract reviewer for conference proposals

2018 – present Member, American Educational Research Association
Graduate Student Representative 2020-2022
Mentorship Committee Member 2022-present

2003 – present Member, Greater Cincinnati Dietetic Association

- Membership Chair 2009-2010
- President-Elect 2011-2012
- President 2012-2013
- Immediate Past President 2013-2014

2002 – present Member, Academy of Nutrition and Dietetics and Ohio Academy of Nutrition
and Dietetics
Reviewer, Journal of the Academy of Nutrition and Dietetics

REVIEWS/EDITOR

Journal of Dietetic Education, Editorial Board - Manuscripts
Society for Nutrition Education and Behavior, Reviewer - Conference abstracts
Journal of the Academy of Nutrition and Dietetics, Reviewer - Manuscripts
Journal of Emergency Nursing, Reviewer - Manuscripts

- Guest co-editor for a special issue

American Educational Research Association, Reviewer - Conference abstracts

AWARDS

2013 Recognized Young Dietitian of the Year, Ohio Academy of Nutrition and
Dietetics/Academy of Nutrition and Dietetics

2006 College of Allied Health Sciences Research Award/Grant

2005 Recipient Sister Romuald Award, Good Samaritan Hospital

2004 Recipient, Ohio Nutrition Council Fund Scholarship

2003 Recipient, Association of Schools of Allied Health Professions Scholarship of
Excellence

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COMMUNITY SERVICE

2018-2022 Girls' volleyball coach, Our Lady of the Valley, Reading, Ohio
2020-2022 Treasurer, Sts. Peter and Paul Academy Parent Teacher Club
Reading, Ohio